



Lil' Dribblers Basketball Program

Intent

This is an instructional league designed for 1st and 2nd graders to develop their basketball skills. Players are permitted to participate in the Lil' Dribblers Basketball program as well as the 1st and 2nd grade basketball league at Nothin' but Net. The sole purpose of the Lil' Dribblers Basketball Program is for all players to enjoy learning and playing the game of basketball. Coaches will instruct their players on the court and no score will be kept. Referees are provided during the game play to help the coaches be able to focus on instructing and teaching the players. All guidelines are based on the objective to have everyone have FUN!

Game Play

- The first half hour each week will be for practice. Coaches can instruct and work with the players on the fundamentals of basketball during this time.
- The second half hour each week will be for a 'game'. The purpose of this is to teach players the rules of the game and how to play the game. Many aspects of the game can not be learned by players during practice but need to be taught during a game setting.
- No score will be kept of the games. Time will be kept to keep the games moving and on schedule. There will be two 15 minute running halves.
- Coaches are encouraged to get together before the game begins to discuss playing players of similar capabilities from each team in the same quarter.
- All players should play approximately the same amount of each game.
- Coaches are encouraged to facilitate each player shooting and scoring a basket each game.
- Basket height is 8'
- **Stealing:** Is permitted within the 3 point line on the pass. There is no stealing allowed outside the 3 point line or from a dribbler. No double teaming is permitted.
- **Defense:** Defensive players may not guard the opposing team outside the three point line. **Man-to-man defense is required.**
- **Referees:** Their role is more of a facilitator and moderator than a traditional referee, thus allowing the coaches to focus more on instructing and teaching their players. Occasional fouls and violations will be called for instructional purposes.
- **Jump balls:** A jump ball will start each half. At this time, teams can match up with who they are guarding.
- **Out of bounds:** Players will be required to take the ball out of bounds on a dead ball or made basket.